

Winter Classic and Wayne Cretney Memorial 17th August, 2014 28th Anniversary

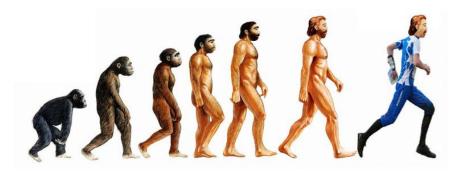
Detailed Information VERSION 1.1

Why the Missing Link?

The Theme for this year's Winter Classic is 'The Missing Link' which is the name of the map you will be running on. The area mapped is a piece of Karori that was previously unmapped and the missing link between the Karori Park and the Johnstone Hill maps.

No, the real reason is that there are yet is or sasquatches on the map – I'm sure I've seen them and I'm sure they are out there. Yeah, Right. 'Hic sunt dracones' or 'there be dragons' – please tell me if you come across anything other than goats or the owner's dogs.

Or maybe, orienteers and rogainers are the missing link between the lower life forms and a higher form of life. I think we are a special type of humankind and almost a new mutant form of our species.



What is the Winter Classic?

The Winter Classic is a solo endurance event that is both physically and mentally demanding. The event is a BLODSLITET type orienteering event; a one-person relay where you do from 1 to 4 relay loops from a mass-start.

The Winter Classic is one of the toughest events on the calendar. As such the red courses tend to be more technical and harder than usual and also coupled with the longer courses and in cold or wet weather makes it unique. This year there will be an added kick of being in open pines. You have been warned!

Where is the Winter Classic this year?



Sunshine Kindergarten, 21 Sunshine Ave, Karori

Blow the Winter Blues Away!



No spiked shoes or dirty shoes in the Kindergarten buildings please.

What is the Rogaine Team Explorer?

The three hour rogaine is for teams of two to five people who want to tackle the terrain without the pressure of having to visit all controls in order. The time-limit is three hours, and you are welcome to visit as few or as many controls as you want to. Some teams may aim to find them all. Considering that the top Classic runners will find all controls over 3-4 loops in about two hours, it is quite likely that determined teams can find all the controls within the three hours - but it won't be easy!

What do I need to bring?

The Classic and the Rogaine are endurance events, so it is highly recommended that you have access to food and water and electrolytes. The Classic is a loop format and for this year there is only water at the pivot or loop control – it will be a long way away from the start. Snacks will have to be carried by yourself. If you are planning to tackle the Rogaine Team Explorer in one long loop over 2 - 3 hours then it is suggested that you take ample food and water with you.

While the race is close to Wellington there is still plenty of opportunity or exposure to cold and windy winter conditions on the hilltops, so you need to be well prepared for the cold and wet.

And, this is a classic off-road event set in open pines and some bush around steep hillsides. Running shorts and singlets are not sensible options, gaiters and long socks are recommended as well as off-road shoes with good grip.

Maps for courses 1-3 and the Rogaine will be waterproof. Other courses will have maps in plastic bags.

Do I need to train?

If you want to win, yes! Many of the past Classic winners were well-performed international orienteering or rogaining representatives with oodles of offroad navigational experience. If you are an experienced marathoner, you will still need to have experience of off-road technical running to perform well. But, events like the Classic and other rogaines are the perfect venue to practise the skills of offroad navigation, whether you plan to put them to use for tramping or Adventure Racing.

Timetable

Time	Description			
8:45am	Registration Opens			
9:10am	3 Hour Rogaine Team Explorer briefing.			
9:15am	3 Hour Rogaine Team Explorer maps available, you can start planning your route.			
9:30am	3 Hour Rogaine Team Explorer course starts.			
9:55am	Winter Classic briefing.			
10:00am	Winter Classic courses start.			
10:10am	Courses 4, 6 & 7 (Orange, Yellow and White) open for starters.			
12:30pm	Post-race lunch starts.			
12:30pm	3 Hour Rogaine Team Explorer course latest finish without penalty, competitors have to punch finish control to record time. Work out own score and hand in.			
1.30pm	Last starters for courses 4, 6 & 7 (Orange, Yellow and White).			
2.15pm	Presentation.			
2.30pm	Course closure. All competitors must report back to finish by this time.			

Course Information

COURSE	Classes	Est Winning time (mins)	Distance (km)	Climb (m)	Controls
1 (Red)	M21A Mens Open	90+	7.99	900	40
2 (Red)	M40A (Wayne Cretney Memorial), W21A Womens Open, M18A, M50A, W40A	70-140	6.04	680	30
3 (Red)	W18A, M16A, M21AS, Senior school boys teams, M60A, M70A, W50A, W60A, W16A, W21AS, Senior school girls teams	60-140	5.49	580	29
4 (Orange)	Junior Boys and Girls and Teams.	50-80	3.52	340	21
6 (Yellow beginners)	M12A, W12A, Open yellow	15-40	1.73	90	10
7 (White)	M10A, W10A, Open White	15-30	1.42	45	9
5	Rogaine Team Explorer	3 hours	?	lots	50

Variations:				
Course 1 Map 1	3 Loops	5.32	545	28
Course 2, Map 1	2 Loops	3.37	325	18
Course 3, Map 1	2 Loops	2.82	225	17
Courses 1-3, Map 2		2.67	355	12

Note: Map 2 has horrendous climb so leave something in the tank!

Course symbols will be shown on the maps like this:



Note: Drinks will be at the pivot control. The pivot control for the Classic courses will be a long way from the start/finish. Competitors will have to carry food and snacks themselves.

Pivot Controls and Butterfly Loops for Winter Classic Red Courses

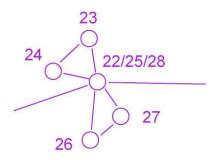
For courses 1-3, the first map will contain butterfly loops to split up runners. To ensure exactly the same courses for everyone, the pivot control has to be visited several times and punched each time.

Courses 1 - 3 all have one map change.

Map 1 will have three butterfly loops for course 1. There will be two loops for courses 2 & 3. All courses coming back to the pivot control which has to be punched. At the end of the last loop, the pivot control will be punched for the 4^{th} (Course 1) or 3^{rd} (Courses 2 & 3) time and then a short 40m navigation to the map change and start of the last leg.

Map 2 is a standard course with no loops and will finish at the Kindergarten. As is usual for the last leg in the Winter Classic, it will be tough and physical with route choices and there is a large amount of climb for this part. You have been warned!

Sportident will be used for all controls. Failure to punch the sportident in the correct order for the Winter Classic courses will result in disqualification.



Pivot Control - two loops with 2 controls per loop Pivot Control is punched three times

Waiver

Participation at this event is at the competitors own risk. The organisers and landowners take no legal responsibility for any accidents that occur. By entering the event and participating you agree to waive any liability to the organisers and associated parties.

SportIdent:



All competitors and teams must carry a SportIdent which is tied onto your finger, to record your results electronically. If you don't own one you need to hire one for the day.

As Course 1 has 40 controls, and the Rogaine Team Explorer has 50 controls, these courses need two sportident (the rest only need one). It is up to the competitor or team to ensure that after 25 to 30 clips, they start using the second one. For course 1, if you own a SportIdent chip or can borrow one that can accommodate 50

Please ensure you hand any hired SportIdent back to us. Any lost, not returned or damaged that have been hired from us will be charged out at \$60 each.

controls please use it (types 9, 10 or 11 SI cards).

You are responsible for ensuring that your SportIdent is cleared and has registered at the start, this is confirmed with a red flashing light (some ALSO a beep).

Registration

All people need to report in to registration to confirm that they are starting the race. People who have to hire Sportident need to pick these up at registration before the start of their race. Registration will open at 8.45am and will also cater for On-the-day entries for the orange, yellow and white courses.

Winter Classic Rules

The Winter Classic courses will be run in accordance with the NZOF Competition Rules for New Zealand Foot Orienteering Events. These rules may be viewed on the NZOF website (www.nzorienteering.com) under "Technical".

3 Hour Rogaine Team Explorer Rules

The objective is to maximise your score. The control points are marked on the map with a circle and a number. The points per control is the 2nd digit multiplied by 10:

Control Numbers	Points per control		
131-139	30		
140-149	40		
150-159	50		
160-169	60		
170-179	70		
180-189	80		

For example, Control 135 is worth 30 points, control 178 is worth 70. Points have been loosely awarded due to difficulty – it is up to the team to work out which controls will maximise their score.

Total number of points possible is 2720.

Each competitor will be given a waterproof A3 map with the control descriptions on the front.

The start is shown with a triangle and the finish is shown with a double circle (at the Kindergarten).

There's a penalty for returning late: 30 points per minute or part thereof. Highest score wins, in the event of a tie the earliest to finish wins.

You prove your visit to each control point by clipping the control with your sportident. You will be issued with two sportident. If the sportident control is not working (which is very unlikely), punch the clipper at each control on your map and inform the organisers at the finish. When you finish, please calculate the number of points you have earned.

Except in the case of emergency, team members must stay together, especially when visiting control points. You are not allowed to send the fittest team member up the hill to get the control! If a team member has to drop out for any reason during the event

you must tell us back at base; and from that time you are a new team starting with a score of zero.

You must travel on foot. Electronic navigation aids are prohibited, such as GPS's and altimeters.

Complaints and Protests

If you wish to make a complaint regarding an infringement of the rules or the organisers' directions, please do so in writing at the event centre. This must be done within 60 minutes of completing your course. The event organiser will consider the matter that you have raised and let you have his decision. There is no charge for making a complaint. If you are not satisfied with that decision, you may ask that the complaint be considered a protest. A fee of \$10 is payable but this fee will be returned if your protest is upheld, or found to be a justifiable protest.

Dogs

Dogs and other animals are prohibited from all map areas.

First Aid

A first aid kit will be available at the event centre. In the event of a major medical problem please see the event organiser.

Food

Free Lunch will be available undercover in the Kindergarten from 12.30pm.

There is a café at Karori Park which is open all day.

Bits and Pieces

Please ensure you come prepared for all weather. The toilets at the kindergarten will be available (or at the café). Whistles are recommended whilst competing on the courses for safety.

Refunds

Because of the work that has been done there will be absolutely no refunds given unless there are exceptional circumstances which will be left up to the organisers' discretion. The organisers' decision is final.

Course Changes and Late entries

Entries close 10th August. Any late entry or change will incur a \$15 fee and cannot be guaranteed as there are limited provisions for extra maps.

Late Starters

A competitor or team who has missed their allocated start should report to the start. The competitor will be started when it is convenient for the organisers, in accordance with NZOF rules. The organisers reserve the right to not start someone if they are dramatically late or unable to give a justifiable explanation.

Control Descriptions

No control descriptions will be given out at registration – due to complications with loops on some courses and the risks associated with having people with incompatible maps and control descriptions. All maps have control descriptions on the front of the map.

<u>HELPERS</u>

If anyone can assist us during the event at any stage it would be extremely appreciated. Please get in contact with Bryan Teahan [coldkiwihotchilli AT xtra.co.nz] if you can.

DETAILED EVENT INFORMATION

Date: 17th August 2014

Map: The Missing Link (New map)

Organiser and Planner: Bryan Teahan

Event Centre and

Start Area: Adjacent to Car park.

Event Theme The theme for the event is because the map links with other

previously mapped areas in Karori.

May we remember all the good times of the past 28 years and we

will never forget our dear departed friends.

Map Notes: This map is part of the ongoing mapping to create a seamless map

of Wellington suburbs and surrounding hills.

There are several distinct areas on the map:

Flat Karori Park and playing fields.

- Steep to rolling pine forest with native bush gullies.
- Private homestead rough open area nestled amongst the
- Skyline reserve and pines with lots of tracks.

There are some stunning vistas on a good day, lots of open pine running and some bush gullies, some cliff and rock features and some man-made features.

There are plenty of fallen trees mostly shown by a brown cross sometimes with a fight blob where the tree has fallen. Some fallen trees may have been missed off. Some areas of pine thinnings have been mapped from slow to walk. Runnability is subjective and not all walk/fight areas have been totally checked as it would have taken too long to map.

The Karori Park pines and Skyline Reserve has been particularly affected by weather - there are plenty of fellings and new clearings. Also, extra mountain bike tracks are being added. There may be some changes not mapped.

Red courses are not for the faint hearted – this is rugged terrain with steep slippery slopes and variable runnability.

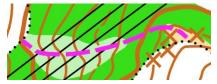
Full-gear recommended. Spiked shoes or shoes with good grip are

recommended.

There are many cliffs on the map with several large uncrossable cliffs and waterfalls. DO NOT try to go up or down these features and they are also difficult to get around. There is a road across most of the map which has a very large cliff on one side – when you are near the road be careful near this cliff. There are only a few crossing points and some courses have route choices across this road – DO NOT try to go down an uncrossable cliff. Be careful out there!

There are power pylons splitting the map in two – there is a large green belt under the pylons with route choice using the clear bush streams or tracks that go across the belt.

In one point on the map, a marked route is shown by tapes/streamers in the field shown like this:

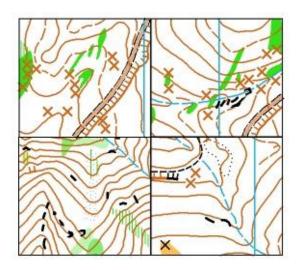


There is also a dangerous area of fallen trees shown like this:



If you want to go through green areas, you are welcome to try but I don't recommend it as I have tried many of them already.

For Orange, Yellow, and White courses you can enter on the day but pre-entry preferred and the yellow and white will be family friendly and not so tough. Start times for these courses are anytime from 10.10am to 1.30pm.



Map snippet

Map scales: All courses are printed at 1:5,000

Contour Interval: 5m

Hazards: Be careful crossing the road with a high impassable cliff on one

site.

Be very careful crossing and going up and down streams - it is

stony and rocky in places.

It is steep and slippery in some parts.

There are some dangerous cliffs and waterfalls.

There is some stinging nettle, supplejack, gorse and blackberry.

There are some broken fences with barbed wire.

In some areas there is broken glass.

Rogaines and the school teams are run as team events for safety reasons. If a team member is injured, responsibility for obtaining

help is with the unaffected team members.

There are other users of the parks and reserves – watch out for walkers, mountain bikers, kids playing rugby and other sport's

users.

Please note that our use of these parks does not preclude use by other groups or sporting events. If other sports are in progress, then competitors must circumnavigate these events else be

disqualified.

Please note that the use of the private pine forest is by kind permission of the owners. Please after this event, do not enter this property unless it is with permission. The property is patrolled

by dogs and there may be hunters in the private forest.

Location: Sunshine Kindergarten, Western car park, Karori Park. If this car

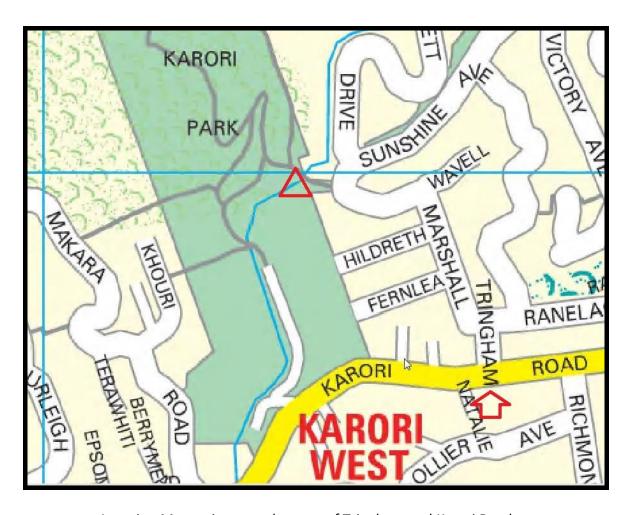
park gets full, park in nearby streets.

Directions: The event will be signposted from the corner of Tringham Street

and Karori Road in Karori West.

Safety Bearing: East to Karori Park.

Course Closure: 2.30pm – everyone has to report back to the finish by this time.



Location Map – signposted corner of Tringham and Karori Roads.



Event centre – Western car park Karori Park, Sunshine Kindergarten.

Previous 2013 Trophy Winners

Trophy	Class	Course	Name
Wayne Cretney Memorial	M40	2	Liam Drew
Open men	M21	1	Magnus Bengtsson
Open women	W21	2	Penny Kane
Junior Men	M18	2	Tom Spencer
Junior Women	W18	3	Lara Molloy
Veteran Women	W40	3	Mary McBride
Veteran Men	M50	3	Bryan Teahan
Veteran Women	W50	3	Liz Nicholson
Veteran Men	M60	3	Graham Fortune

Previous trophy winners please bring your trophy to the event.